

Figure B.1.1. Description of the skills included in the Survey on Social and Emotional Skills

DOMAINS	SKILLS	DESCRIPTION	BEHAVIOURAL EXAMPLES
OPEN-MINDEDNESS (Openness to experience)	CURIOSITY	Interested in ideas and love of learning, understanding and intellectual exploration; an inquisitive mindset.	Likes to read books, to travel to new destinations. Opposite: Dislikes change, is not interested in exploring new products.
	TOLERANCE	Is open to different points of view, values diversity, is appreciative of foreign people and cultures.	Has friends from different backgrounds. Opposite: Dislikes foreigners or people from different backgrounds.
	CREATIVITY	Generates novel ways to do or think about things through exploring, learning from failure, insight and vision.	Has original insights, creates valued artworks Opposite: Acts conventionally; not interested in arts.
TASK PERFORMANCE (Conscientiousness)	RESPONSIBILITY	Able to honour commitments, and be punctual and reliable.	Arrives on time for appointments, gets chores done right away. Opposite: Doesn't follow through on agreements/ promises.
	SELF-CONTROL	Able to avoid distractions and sudden impulses and focus attention on the current task in order to achieve personal goals.	Postpones fun activities until important tasks are completed, does not rush into things. Opposite: Is prone to say things before thinking them through. Binge drinking.
	PERSISTENCE	Able to persevere in tasks and activities until they get done.	Finishes homework projects or work once started. Opposite: Gives up easily when confronted with obstacles/distractions.
ENGAGING WITH OTHERS (Extraversion)	SOCIABILITY	Able to approach others, both friends and strangers, initiating and maintaining social connections.	Skilled at teamwork, good at public speaking. Opposite: Can struggle in working with a larger team, avoids public speaking.
	ASSERTIVENESS	Able to confidently voice opinions, needs, and feelings, and exert social influence.	Takes charge in a class or team. Opposite: Waits for others to lead the way; keeps quiet when disagrees with others.
	ENERGY	Approaches daily life with energy, excitement and spontaneity.	Is always busy; works long hours. Opposite: Gets tired easily without physical cause.
COLLABORATION (agreeableness)	EMPATHY	Understands and cares about others, and their well-being. Values and invests in close relationships.	Consoles a friend who is upset, sympathises with the homeless. Opposite: Tends to misinterpret, ignore or disregard other person's feelings.
	TRUST	Assumes that others generally have good intentions and forgives those who have done wrong.	Lends things to people, avoids being harsh or judgmental. Opposite: Is secretive and suspicious in relations with people.
	CO-OPERATION	Lives in harmony with others and values interconnectedness among all people.	Finds it easy to get along with people, respects decisions made by a group. Opposite: Is prone to arguments or conflicts with others; does not tend to compromise.
EMOTIONAL REGULATION (emotional stability)	STRESS RESISTANCE	Effectiveness in modulating anxiety and able to calmly solve problems (is relaxed, handles stress well).	Is relaxed most of the time, performs well in high-pressure situations. Opposite: Most of the time worries about things, difficulties sleeping.
	OPTIMISM	Positive and optimistic expectations for self and life in general.	Generally in a good mood. Opposite: Often feels sad, tends to feel insecure or unworthy.
	EMOTIONAL CONTROL	Effective strategies for regulating temper, anger and irritation in the face of frustrations.	Controls emotions in situations of conflict. Opposite: Gets upset easily; is moody.
ADDITIONAL INDICES	ACHIEVEMENT MOTIVATION	Sets high standards for oneself and works hard to meet them.	Enjoys reaching a high level of mastery in some activity. Opposite: Lack of interest in reaching mastery in any activity, including professional competencies.
	SELF-EFFICACY	The strength of individuals' beliefs in their ability to execute tasks and achieve goals	Remains calm when facing unexpected events. Opposite: Avoids challenging situations.

Source: Assessment Framework of the Survey on Social and Emotional Skills (2019[1])

